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FOR IMMEDIATE RELEASE

Melton Truck Lines Recognized as a Certified Healthy Business

TULSA, Okla – December 23, 2011 - Melton Truck Lines, a premier air-ride flatbed carrier based in Tulsa, OK, was recently named an Oklahoma Certified Healthy Business. This is the fourth year in a row that Melton has been recognized.

To be named as a Certified Healthy Business companies must demonstrate that they are making positive health and wellness activities available for its employees and contributing to the improving health of all Oklahomans. There are three levels of certification; basic, merit and excellence. Melton earned the Excellence certification and will be honored on March 1, 2012 at an awards luncheon in Oklahoma City.

Over the past few years, Melton has made a commitment to help improve the health and wellness of employees and drivers. Melton has a Wellness Coordinator, gyms in two terminals, a fitness studio for group classes in Tulsa, and various health programs available to employees. The company also recently opened two near-site health clinics for employees and drivers and hired an on-site Registered Nurse. All of these benefits are available to employees and drivers at no cost.

The trucking industry has struggled for many years to keep drivers as healthy as possible while out on the road. Melton's smoking cessation, Biggest Loser, and "Fit Trucker" programs have been very successful at addressing driver health issues.

Bret Bringham, Melton's Wellness Coordinator, says, "At Melton Truck Lines, we have ingrained wellness into our culture. With gyms in two of our terminals and financial incentives for employees to lead a healthy lifestyle, I believe we are encouraging healthy behavior and saving lives."

Company Information

Headquartered in Tulsa, OK, Melton Truck Lines Inc. is an award-winning leader in the air-ride flatbed industry and services the United States, Canada, and Mexico. In business for over 55 years, Melton has offices and terminals in Tulsa, Dallas, Laredo, El Paso, Birmingham and Masury. For more information, please visit www.meltontruck.com.

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